



## (3R,9R,10R)-Panaxytriol: a molecular-based nutraceutical with possible application to cancer prevention and treatment

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### ABSTRACT

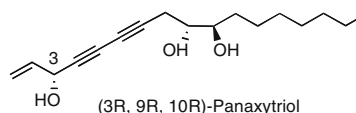
Panaxytriol is a nutraceutical-based active constituent of Korean red ginseng and is reported to exhibit potent anti-tumor properties. Its activity may be in part due to its induction of phase 2 chemoprotective enzymes. Its unique properties may have important implications in cancer therapeutics.

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Ginseng is a commonly used nutraceutical. It has attracted the attentions of health advocates and scientists alike, generating one of the most extensive bodies of scientific literature of any medicinal herb.<sup>1</sup> Ginseng belongs to botanical species of genus *Panax*, indigenous to Asia. The English word 'ginseng' is a literal translation from Chinese meaning 'man root'. *Panax ginseng* is regarded as a panacea, partly perpetuated by its name *Panax* meaning "cure all" derived from Greek. As such *Panax ginseng* became a much sought after medicine throughout the world, with annual sales of 0.3 billion in the United States alone. *Panax ginseng* generally refers to Asian ginseng (Chinese or Korean), and it is commonly known as red ginseng. This herbal root is widely used throughout Asia as folk medicine for a variety of maladies for over 2000 years. In Chinese medicine, ginseng is used with the intention of increasing the body's resistance to physical, chemical, and biological stress. The therapeutic benefits of *Panax ginseng* are described in the pharmacopeia of several countries, such as China, Germany, Japan, United Kingdom, and France, possible applications are for cardiovascular concerns, diabetes, and cancer.<sup>2</sup> The latter attribute, in particular, has been supported through a number of in vitro and in vivo biological studies of red ginseng extract.<sup>3</sup>

The active principal chemical components of red ginseng are ginsenosides (plant steroids of the saponin class), polysaccharides (ginsanons), peptidoglycans (panaxans), and volatile oils, all of which may, in part or cooperatively, stimulate its reported pharmacological effects. In 1983, (3R,9R,10R)-panaxytriol was isolated as a characteristic constituent of red ginseng (from the steamed and dried root of *Panax ginseng* C. A. Meyer).<sup>4</sup> It was shown to exhibit in vitro inhibitory activity against a range of tumor cells, including human gastric carcinoma (MK-1),<sup>5</sup> mouse lymphoma

(P388D1),<sup>6</sup> and human breast carcinoma (Breast M25-SF).<sup>7</sup> In addition, an in vivo study of panaxytriol reported the suppression of the growth of B16 melanoma cells.<sup>8</sup>

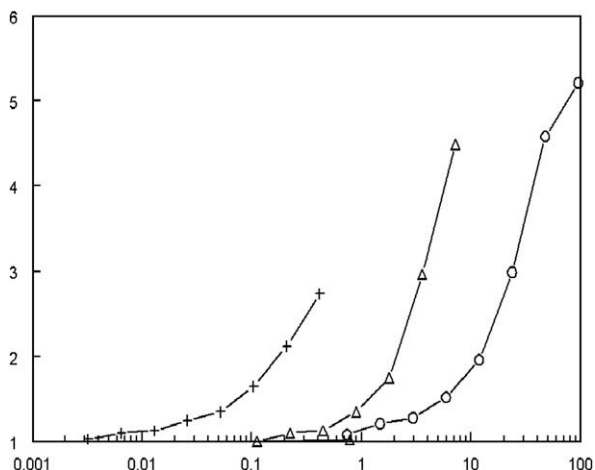


Mindful of panaxytriol's potentially important properties, we began to take an interest in its synthesis. In 2003, we disclosed a concise enantioselective synthesis of (3R,9R,10R)-panaxytriol that enabled access to multigram quantities of the pure agent to allow for biological evaluations.<sup>9</sup> Subsequently, through diverted total synthesis, SAR studies uncovered several analogs that are more potent than the natural product with little or no toxicity. These congeners appeared not to be vulnerable to the phenomenon of multidrug resistance.<sup>10</sup>

In the course of these pursuits, we became interested in exploring the mechanism of action of panaxytriol in the context of cancer therapeutics. The preliminary findings from the Johns Hopkins-based studies appear to indicate that panaxytriol exhibits cancer prevention activity in part by the induction of phase 2 enzymes. These phase 2 enzymes promote detoxification reactions. These chemoprotective enzymes provide a major mechanism to protect cells against the toxicities of reactive electrophiles and reactive oxygen species. Their induction may serve to modulate carcinogen metabolism. Induction of these enzymes may serve to neutralize reactive electrophiles that might otherwise emerge as ultimate carcinogens or mutagens.<sup>11</sup> The study reported herein was initiated to evaluate the phase 2 enzyme inducer activities of different types of *Panax ginseng* extracts and the various phytochemical components of the ginseng extracts. The method employed to

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**Figure 1.** Induction of quinone reductase (NQO1) by Korean red ginseng extract, protopanaxatriol, and panaxytriol. NQO1 inducer activity was assayed as described in the text, and reported here as treated/control at different concentrations of ginseng extract or component per well. Significant cytotoxicity was observed for panaxytriol above 0.5  $\mu\text{g}/\text{well}$  and for protopanaxadiol above 5  $\mu\text{g}/\text{well}$ . (+) Panaxytriol (molecular weight 267), ( $\Delta$ ) Protopanaxatriol (molecular weight 461), ( $\circ$ ) Korean red Sun ginseng extract.

detect and quantify the inducer potencies of the pure components and ginseng extracts utilized an established rapid assay, directed to measuring the output of quinone reductase. This is a convenient enzyme target due to its coordinate induction with other phase 2 enzymes, its large inducer response, and its ease of quantification by a coupled tetrazolium dye reduction assay.<sup>12</sup> As condensed in Figure 1, homogeneous and total synthesis-derived panaxytriol, otherwise an active constituent of Korean red ginseng, registered significant induction of phase 2 enzyme activity, as well as Korean ginseng and protopanaxatriol (a deglycosylated derivative of the ginsenosides). This induction study is in tune with other studies of the cancer preventive effects of ginseng.<sup>13</sup> It established that the activity of panaxytriol is based on the agent itself and does not depend on synergism with other components of ginseng.

This finding is not without potentially significant implications in the context of cancer therapeutics. Panaxytriol stands out as a rare instance of an anti-tumor agent with documented anti-cancer properties that is found in a widely consumable food product. As such even a moderate cytotoxic effect can be valuable since its side effects are clearly accommodable. Through molecular editing,<sup>10</sup> we have developed analogs with enhanced potency, and with little or

no toxicity. Happily, its activity is not compromised by multidrug resistance. These attributes begin to approach the embodiment of a successful cancer drug for long-term chemotherapy. Furthermore, since panaxytriol and selected analogs appear to operate through a unique mechanism of induction of phase 2 enzymes,<sup>14</sup> this may render it compatible with other cancer drugs in synergy, in this instance to better target specific cancer cells with lower dosage regimens. We close by noting that an increasingly multifaceted aspect of cancer care is the disparate chemotolerance between cell lines which might enhance the benefits of chemotherapy. As such a drug discovery program through molecular editing<sup>15</sup> of nutraceutical panaxytriol may be a satisfactory approach to effective cancer care.

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